

HEALTH AND SUPPORT

Alanon - Family Groups

Assistance to individuals or families affected by alcohol.

Contact: 667-7142

Alcohol and Drug Services

ADS provides a counselling service; also detoxification, training, education and prevention services.

Location: 6118 – 6th Avenue, Whitehorse, YT Y1A 1M9

Contact: 667-5777 or 1-800-661-0408 ext. 5777

Web: www.hss.gov.yk.ca

Alcoholics Anonymous

Regular AA meetings schedule: call 24 hours a day for meeting times and locations.

Call **24 hours a day**

Contact: 668-5878

Allergy/Asthma Information Association

National non-profit patient association. Provides information, education and advocacy for allergic individuals, their families and caregivers. Works to increase public education and awareness of allergies, asthma and anaphylaxis. Raises funds for education and research. See website for further information.

Contact: AAIA BC/Yukon Regional Office

Toll free: 1-877-500-2242

Email: bc@aaia.ca

Website: www.aaia.ca

The Arthritis Society, BC & Yukon Division

Contact: 1-800-321-1433

Autism Yukon

We provide resources, support, public awareness and education in order to promote the quality of life of individuals and families living with Autism Spectrum Disorder.

Location: 108 Copper Rd., Whitehorse, YT Y1A 2Z6

Contact: 667-6406

Email: executive@autismyukon.org

Website: www.autismyukon.org

Big Brothers and Sisters of Yukon

Big Brothers Big Sisters facilitates life-changing relationships that inspire and empower children and youth to reach their potential, both as individuals and citizens. Our mission is that every child who wants a mentor, has one. We do this by pairing children and youth between the ages of 6 and 18 with a positive adult role model who provides friendship, guidance and FUN! We currently offer our programs in Whitehorse, Dawson City and Watson Lake. We serve over 40 youth in the three communities and have over 30 volunteers.

Location: 305 Wood Street, Whitehorse, YT Y1A 2E7

Contact: 668-7911

Email: bbbsyukon@gmail.com

Web: www.bbsofyukon.ca

Breast Feeding Consultant

Free support, consultation and information.

Contact: Whitehorse Health Centre, 667-8864

Canadian Red Cross (MELS)

The Medical Equipment Loan Service is a volunteer managed, program that lends medical equipment on a short-term basis to people who are recovering from surgery, injury etc.

Open Wednesday and Friday 1-4pm

Location: 133D Industrial Road

Contact: 456-7359

Canadian Red Cross Society

Local programs include: RespectED; Red Cross First Aid Courses & water safety.

Contact: 1-877-356-3226

Web: www.redcross.ca

Canadian Cancer Society

The Canadian Cancer Society is a national, community-based organization whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer.

Contact: 1-888-633-2524

Web: www.cancer.ca

Canadian Diabetes Association

Contact: 1-800-226-8464 or Pacific Region,
1-800-665-6526
Email: info@diabetes.ca

Detox Centre

Location: 6118 - 6th Avenue, Whitehorse,
YT Y1A 1M9
Contact: 667-8473 / Fax: 393-7022

Diabetes Education Centre

Providing services to adults who are diagnosed with diabetes in the Yukon. Located at the Whitehorse General Hospital. Staffed with certified nurse and dietitian educators. Physician referral required.
Contact: 393-8711
Web: www.yukonhospitals.ca

Environmental Health Services

Inspections/consultations/information concerning water quality, sewage and solid waste disposal, food quality, institutional hygiene, special events, recreational facilities and communicable disease control.
Location: 2 Hospital Road, Whitehorse, YT Y1A 3H8
Contact: 667-8391
Email: environmental.health@gov.yk.ca
Web: www.gov.yk.ca

Family and Children's Services

Child protection, respite care, adoption, childcare subsidies for low-income families.
Location: 4114 – 4th Avenue, 4th Floor (Royal Bank Building)
Contact: 667-3002
Web: www.gov.yk.ca

Fetal Alcohol Syndrome Society of Yukon (FASSY)

Provides community education and supports and advocacy for adults living with Fetal Alcohol Spectrum Disorders, their families and caregivers and their communities.
Location: 4141 B 4th Ave, Whitehorse, Yukon, Y1A 1J1

Mailing Address: Box 31396, Whitehorse, YT Y1A 6K8
Contact: 393-4948 / Fax: 393-4950
Email: fascap@klondiker.com

Foodsafe Regional Council of Yukon

Core group that oversees the delivery of FOODSAFE certification programs for food handlers.
Location: 2 Hospital Road, Whitehorse, YT Y1A 3H8
Contact: 667-8391 / Fax: 667-8322
Email: environmental.health@gov.yk.ca

Francophone Health Network / Partenariat communauté en santé

A dynamic network aiming at improving access to health services for francophones. Workshops, professional training, newsletter, health resource center, referral for bilingual health and social services. Bilingual health professional can identify their services in directory at no charge.
Mailing Address: 302 Strickland Street, room 328, Whitehorse, YT Y1A 2K1
Contact: Sandra St-Laurent, 668-2663 ext 800 / fax: 668-3511 OR Coralie Langevin at 668-2663 ext 216
Email: pcsyukon@francosante.org
Web: www.francosante.org

Freedom Trails therapeutic Riding Association

Freedom Trails offers a therapeutic horseback riding program for people of all ages with a disability. Located 20 minutes north of downtown Whitehorse
Contact: Judy Fortin, 633-5911
Email: ftrails@ajco.ca

Handi Bus - City of Whitehorse

The Handy Bus provides public transportation to individuals that have a permanent or temporary physical, mental, or medical condition that prevents them from using conventional public transit.
Contact: 668-8394

Health Promotional Unit – Yukon Government

Encourages people and communities to make healthy lifestyle choices, through public awareness campaigns, workshops, programming and support.

Contact: 456-6576

Smokersline: 1-866-221-8393

Information on quitting smoking: QuitPath – 1-866-221-8393 (toll-free) OR 667-8393 (to register)

Web: QuitPath.ca

Smokers' Helpline: 1-877-513-3333

Web: SmokersHelpline.ca

Sexual Health Line: 1-877-957-8953 (1-877-YK STYLE)

Web: bettertoknow.yk.ca

Email: health.promotion@gov.yk.ca

Health Services - YTG

Health Care Insurance services; vital statistics.

Location: 204 Lambert Street, 4th Floor (Financial Plaza)

Contact: 667-5209

Email: yukon.healthcare@gov.yk.ca

Heart and Stroke Foundation of Canada Northern BC & Yukon Area Office

1480 7th Avenue

Prince George, BC

V2L 3P2

Toll Free: 1-844-226-6784

Fax: -1-250-562-8614

www.heartandstroke.bc.ca

Contact: Lori Cruddas

Email: lcruddas@hsf.bc.ca

Kaushee's Place / Yukon Women's Transition Home Society

Kaushee's Place offers safe shelter to women and their dependant children who are fleeing abusive situations. For help, call the 24-hour crisis line.

Crisis Line: 668-5733 (call collect from communities outside Whitehorse)

Contact: 633-7720 / Fax: 668-2374

Email: adywth@northwestel.net

La Garderie du Petit Cheval Blanc

Daycare: 6 months up to 4 years old.

Conditions of enrolment - at least one parent must speak French to the child at home.

Location: 22 Falcon Drive (next to Ecole Emillie-Tremblay)

Contact: 633-6566

La Leche League Canada - Whitehorse

Mother to mother breast-feeding support and information. Monthly meetings held the first Sunday of the month at 3pm in the Family Literacy Centre.

Contact: Kari Joly, Helen Eddy and Heidi Laing

Email: kari.joly@me.com

Phone: 334-5052

Learning Disabilities Association of the Yukon

LDAY is a non-profit organization dedicated to increasing awareness of learning differences, and supporting children, youth and adults with learning difficulties or disabilities. LDAY provides leadership through advocacy, education, programs and services.

Location: 128A Copper Rd, Whitehorse, YT Y1A 2Z6

Contact: 668-5167

Email: office@ldayukon.com

Web: www.ldayukon.com

Line of Life Association of the Yukon (Lifeline Canada)

24 hour personal response system which provides peace of mind and security, knowing help is never out of reach.

Location: 3090 – 3rd Avenue, Greenwood Place

Contact: 667-6945

Email: lineoflife@northwestel.net

Many Rivers Counselling and Support Services

Many Rivers is a non-profit organization providing FREE individual, youth, couple and family counselling, a Wednesday drop-in counselling service, coordination of the

community Outreach Van, and coordination of the Yukon Distress & Support Line.

Office: 4071 – 4th Avenue, Whitehorse, YT Y1A 1H3

Contact: 667-2970 (collect calls accepted)

Email: info@manyrivers.yk.ca

Website: www.manyrivers.yk.ca

Mary House

Emergency food service.

Sandwiches: Tuesdays and Thursdays

Location: 506 Cook Street, Whitehorse, YT Y1A 2R4

Contact: 667-7146

Medichair Yukon

Medical and home health care supplies, equipment and rentals - wheelchairs, walkers, crutches, mastectomy apparel, TENS units, etc.

Location: 121 - 1116 Front Street (Horwoods Mall), Whitehorse, YT Y1A 1A3

Contact: 393-4967 / Fax: 393-4870

Email: whitehorse@medichair.ca

MADD, Mothers Against Drunk Driving

MADD has a mission to Stop impaired driving and to support victims of this violent crime. We can help you understand the justice system, learn how to cope with loss or injury or you can volunteer.

Mailing Address: Box 30143 2-303 Ogilvie street, Whitehorse Yukon Y1A 5M2

Contact: 336-1328

Email: maddwhitehorse@gmail.com

Office of the Ombudsman

The Ombudsman promotes and protects fairness in the delivery of government and other public services. If you are a citizen and have been treated unfairly when engaging these services, we will work to resolve the unfairness.

Location: Suite 201, 211 Hawkins Street, Whitehorse, YT

Mailing Address: Box 2703, Whitehorse, YT Y1A 2C6

Contact: 667-8468

Web: www.ombudsman.yk.ca

People First Society of Yukon

People first is a self-advocacy organization whose members are people labeled with intellectual disabilities. The Yukon chapter is part of a national movement and our priorities include: human rights, citizenship rights, leadership development, etc. We offer a number of awareness presentations, including Core Values and the Language Tool. The board meets monthly.

Contact Lisa, 667-4606 / Fax: 633-8169

Email: peoplefirstyukon@hotmail.com

Immigration services for Francophone Newcomers to Canada and the Yukon

Settlement services, employment services, opportunities to volunteer, various activities and events.

Location: Centre de la francophonie, 302 Strickland Street, Whitehorse

Contact: 668-2663

Email: immigration@afy.yk.ca

Web:

<http://www.afy.yk.ca/secteurs/main/fr/index.php?site=afy>

Salvation Army

Emergency shelter and food services.

Summer Camp For Kids. Thrift Shop.

Location: 311B Black Street

Contact: 668-2327 or Thrift Shop 668-6544

Email: admin@salvationarmyyt.org

Skookum Jim Friendship Centre

Provides resources directed at helping community residents. CPNP - Prenatal Drop-ins, Traditional Parenting Program, Youth Diversion Program, Recreation Program and Student Training and Financial Services Program, Urban Multipurpose Aboriginal Youth Centre and Youth After School Tutoring Program during the school year.

Location: 3159 – 3rd Avenue, Whitehorse, YT Y1A 1G1

Contact: 633-7680

Email: sjfcfriends@northwestel.net

Web: www.skookumjim.com

Seniors' Services / Adult Protection

Assistance and support for disabled adults or seniors who may be abused or neglected and are unable to seek their own help.

Location: #101 – 204 Black Street

Mailing address: Box 2703, Whitehorse, YT Y1A 2C6

Contact: 456-3946 OR toll free 1-800-661-0408 ext 3946

Seventh Day Adventist Church

Breathe Free (plan to stop smoking), stress seminars, social activities (hiking, rock climbing, badminton, etc), Caring Church Family, Worship and Bible Study.

Location: 1609 Birch Street, Whitehorse, YT Y1A 3X1

Contact: David Laughton, 667-2531 or Chris Christianson, 335-1929

Email: davidlaughton@northwestel.net

St. John Ambulance - Yukon

Provides First Aid and CPR training to general public and private groups/business.

St. John Ambulance Brigade provides volunteer first aid attendants to public family recreational events.

As a community-based not-for-profit organization, St. John Ambulance re-invests funds raised back into vital programs including Emergency Response, First Aid Response Services, Therapy Dog Services, and Youth Services.

Office hours: Weekdays 8:30 a.m. to 4:30 p.m.

Contact: 668-5001 / Fax: 667-5050

Email: yukon@yt.sja.ca

The School of Continuing Education & Training

First aid and safety training including: CPR, Standard first Aid, Wilderness First Aid, Advanced First Aid and more. Contract courses available. Call for a schedule or visit our website.

Location: 500 College Drive

Mailing Address: Box 2799, Whitehorse, YT Y1A 5K4

Contact: 668-5200 / Fax: 668-5210

Email: ce@yukoncollege.yk.ca

Web: www.yukoncollege.yk.ca

TOPS. - Take Off Pounds Sensibly

A support group for individuals interested in weight control; host a variety of special activities including Territorial Recognition Day.

Contact: Barb Zaccarelli, 667-2087

Email: sourdoughbb@northwestel.net

Victoria Faulkner Women's Centre

Offers a variety of services for women: advocacy, programming, prenatal nutrition, Rural Pregnant Mom's Suite.

Drop-In: Monday- Friday 11:00am -

3:00pm, as well as A Safe Place low barrier weekend drop-in Friday 6-9pm, Saturday & Sunday 5-8pm.

Laundry, shower, computer, telephone use.

Location: 503 Hanson Street, Whitehorse, YT Y1A 1Y9

Contact: 667-2693 / Fax: 667-7004

Email: vfwc@northwestel.net

Web:

<http://victoriafaulknerwomenscentre.blogspot.ca/> OR Find us on Facebook.

Whitehorse General Hospital

Location: 5 Hospital Road

Contact: 393-8700

Whitehorse Massage Therapy Clinic

Provide support for your active life by helping to maintain your fitness and rehabilitating sports injuries through massage therapy.

Location: 11 – 5110 – 5th Avenue,

Whitehorse, YT Y1A 1L4

Contact: Amy Jacobsen 668-6522

Email:

contact@whitehorsemassagetherapy.com

Women's Auxiliary to Whitehorse General Hospital

Assist in providing for the welfare and comfort of patients; operate a "tuck cart"; raise funds to purchase items for the hospital; coordinate special activities for July 1st.

Contact: Truska Gorrell, 667-7185

Women's Directorate - Government of Yukon

Ensure that Yukon women's concerns are considered in the development of government policy, legislation and programs. Resource library on women's issues.

Location: Suite 1 - 404 Hanson Street
Contact: 667-3030 / Fax: 393-6270
Email: Stephanie.coulthard@gov.yk.ca
Web:
<http://www.womensdirectorate.gov.yk.ca/>

Yukon Association for Community Living

Community Living works on behalf of adults and children with intellectual disabilities, including Autism and FASD, and their families. We provide fun social and recreational programming such as a monthly dance event, and summer recreation program, life skills programming including transition and employment support for youth and adults, and we also host workshops and conferences for families and community agency partners.

Location: #7 Yukon Inn Plaza, 4th Avenue
Mailing Address: Box 31478, Whitehorse, YT Y1A 6K8
Contact: Colette Acheson, 667-4606
Email: yaclwhse@northwestel.net
Website: www.ycommunityliving.com
Facebook:
<https://www.facebook.com/YCommunityLiving>

Yukon Lung Association

The prevention and control of lung disease, as well as related, contributing and similar diseases.

Mailing Address: P.O. Box 33122,
Whitehorse, YT Y1A 5Y5
Contact: 668-6974

Yukon Status of Women Council

Non-profit, non-partisan organization dedicated to improving the status and quality of life of Yukon women.

Address: 503 Hanson Street, Whitehorse, YT Y1A 1Y9
Contact: 667-4637
Email: yswc@klondiker.com