

CANADA GAMES CENTRE

The Canada Games Centre is a multi-use community sport, recreation and wellness facility that has something to offer people of all ages and all abilities. Make the Canada Games Centre a part of your healthy active lifestyle.



Ice Arenas



Childminding



Group Fitness



Fitness Centre



Gymnasiums



Meeting Rooms



Indoor Track



Swimming Pool



Child Play Area



Come Visit us at:
200 Hamilton Blvd

Thank you to our Corporate Sponsors for their continued support:

ATCO Electric: ATCO Ice

Northwestel Inc: Northwestel Arena

Whitehorse Beverages:

Coca-Cola® Fieldhouse

Powerade® Flexihall

Dasani® Running Track

Whitehorse Lions Club:

Whitehorse Lions Aquatic Centre



Hours of Operation

Beginning September 9

Monday – Friday

5:30 am – 10:00 pm

Saturday and Sunday

7:00 am – 10:00 pm

Closed for Holidays

Sept. 4 - Labour Day

Oct. 9 - Thanksgiving Day

Dec. 25 - Christmas Day

Dec. 26 - Boxing Day

Reduced Hours

Nov. 11 - Remembrance Day

1:00 pm – 8:00 pm

Dec. 24 - Christmas Eve

7:00 am – 4:00 pm

Dec. 31 - New Year's Eve

7:00 am – 6:00 pm



Contact Us

667-4FUN (4386)

General Info

recreation@whitehorse.ca

Membership

cgcmembers@whitehorse.ca

Facility Booking

recbookings@whitehorse.ca

Child & Youth

childdandyouth@whitehorse.ca

Fitness

cgcwellnesscentre@whitehorse.ca

Aquatics

aquatics@whitehorse.ca

Special Event

recevents@whitehorse.ca



Follow us

@CanadaGamesCentre

Canada Games Centre Admission and Memberships

Fees are effective September 1, 2017



Daily Admissions

		DROP-IN	10 ADMISSIONS
Adult	Ages 19 – 59 years	\$7.80	\$69
Sixty Plus Student	Ages 60+ years with proof of enrollment	\$6.35	\$56
Child / Youth Disabled Person	Ages 2 – 18 years	\$4.05	\$35
Under 2	Ages 0 – 2 years	FREE	FREE
Family*		\$18	\$162

* Family is defined as legal guardian(s) with up to 5 dependents, age 18 and under.

Memberships

	MONTH	CONTINUOUS MONTHLY	ANNUAL
Adult	\$54	\$45	\$540
Sixty Plus Student	\$43	\$36	\$432
Child / Youth Disabled Person	\$27	\$22	\$264
NEW 1 Parent Family*	\$69	\$56	\$672
2 Parent Family*	\$117	\$97	\$1,164

* Family is defined as legal guardian(s) with up to 5 dependents, age 18 and under.

Continuous & Annual Membership Benefits

- Free equipment rentals
- Complimentary membership ID card and key tags
- Early sign up for drop-in group fitness classes
- Exclusive discounts on recreation and transit services
- Access to membership-based registered programs
- Ability to suspend membership for up to 30 days (Advise a Customer Service Representative prior to travel)
- Automatic payments through your bank account, MasterCard, or Visa
- Waiver of withdrawal / administration fee after 1 year
- 10 free guest day passes - or - 5 free guest day passes & 4 free wellness program designs

To learn more about Membership Discounts visit whitehorse.ca/cgcmembership

Online whitehorse.ca/alo You're first in line!

**Introducing
new rates
for youth and
families!**

Purchase your membership
online at
whitehorse.ca/alo

Did You Know?

10% discount on individual memberships is offered to groups with 10 or more members.

Contact
cgcmembers@whitehorse.ca
to sign up!



Wellness Program Design

Are you looking to start a fitness program or not sure if your current workout is right for you?

A Wellness Program Design is a customized workout plan created through consultation with one of our certified Fitness Specialists that will reflect your needs and fitness & lifestyle goals. These workout plans are designed for a 3 month period to keep you moving forward towards a healthy and active life.

\$25 / Session

**Continuous
or Annual
members get 4 Free
Wellness Program
Design appointments
per year!**

For more information call
the Wellness Centre
at 633-8502.

How do I book a Wellness Program Design?

- Book online or in person at the Canada Games Centre
- Complete the PAR-Q Questionnaire prior to appointment
- Check in at Reception on the day of your appointment and to get your wristband
- Come prepared to be active, indoor shoes, comfortable clothing and a water bottle
- Meet your Fitness Specialist in the Wellness Centre for all appointments
- 24 hours' notice for all bookings
- 24 hours for all cancellations. A "no show" fee of the cost equal to your booking will be charged for all no shows



Accessibility

Accessible Equipment

Facility

- Accessible washrooms
- Accessible changerooms
- Elevator
- Automatic Door Openers

Wellness Centre

- Hand Bike
- Stepper
- Weight Machines
- Stretching Box
- Rowing Machine

Whitehorse Lions Aquatic Centre

- Chair lift access to Swirlpool and Lap Pool
- Ramp access to Leisure Pool
- Waterproof wheelchair

Change Rooms

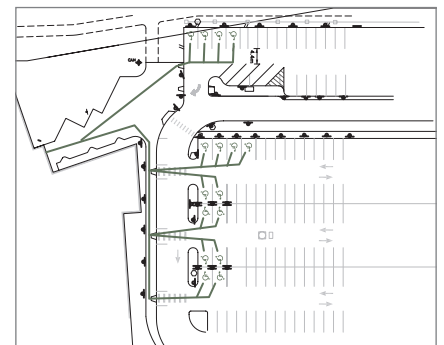
- Ground level access
- Disposable diapers can be thrown in the garbage
- Sharps disposal container available by request
- Two wheelchair accessible change rooms
- Hi-Riser, electrically-operated changing bench in family change room

Disability Discount

To be eligible for the disability discount a person must provide a one-time doctor's note which clearly states that the person has an intellectual or permanent physical disability. This note can be dropped off at Reception.

Parking

16 designated disabled parking spaces.



Bus Transportation

All City of Whitehorse buses are fully accessible. Route 2 provides regular service to the Canada Games Centre.

whitehorse.ca/transit

Handy Bus Service 668-8394



Child Minding Services

FOR CHILDREN AGES 2 – 10 YEARS

Monday – Friday

8:45 am – 1:15 pm

4:30 pm – 7:30 pm

* closed Stat. Holidays

- Request service at Reception
- Maximum 1.5 hour time limit per child to accommodate the demand
- Parent must remain accessible in the Canada Games Centre



Wristband required for both children and adults.

Corporate Team Building

Looking for a team building opportunity for your organization?

We can custom design programs that will address your specific team's goals through team activities and challenges. The goals may vary but we want to help your team become more creative, efficient and collaborative.

For more information contact the Program Leadhand:

Phone: 668-8327

Email: keri.rutherford@whitehorse.ca



Party Packages

Bring your friends to the Canada Games Centre for a celebration you won't forget.

Active Party Packages

3 years +

An all-inclusive, fully facilitated, and one-of-a-kind theme party. We take care of event set-up, clean up, and provide an experienced Party Leader who'll entertain with games and activities.

Continuous or Annual Member rate / \$153

Regular rate / \$195

Create-A-Party Package

Build your own event.

1. Choose an Activity.
2. Choose a Room Rental.
3. Choose your Set-Up.

whitehorse.ca/party

Book your party today!

recbookings@whitehorse.ca

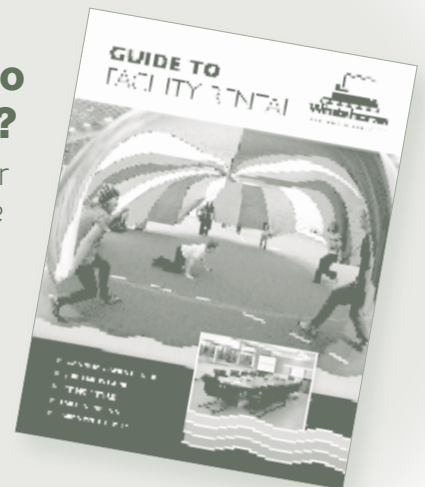
633-8518



Looking to rent a Space?

Check out our Facility Booking Guide

whitehorse.ca/facilitybooking



Come be Active at the CGC.

Daily admission and Membership offers the flexibility to just drop in anytime to the Canada Games Centre.

Come during our operating hours to enjoy the Wellness Centre, Running Track, Steamroom, Sauna and Swirlpool or check out our Schedules for Swimming, Skating, Fitness or Dry Floor for scheduled drop-in.

Choose from a variety of drop-in activities.

 **Free Weights / Cardio Machines / Weight Machines**

Wellness Centre - available all day

 **Drop-in Fitness Classes**

Wellness Studio - see Fitness schedule

 **Personal Walking or Running**

Dasani® Running Track - available all day

 **Steamroom / Sauna / Swirlpool**

Whitehorse Lions Aquatic Centre - available all day

 **Public Swim / Lane Swim / Drop-in Aqua Fitness**

Whitehorse Lions Aquatic Centre - see Swimming schedule

 **Public Skate / Shinny Hockey / Puck n Stick**

ATCO Ice & Northerwestel Arena - see Skating schedule

 **Soccer / Nerf / Families on the Move / Rugby / Ulimatte Frisbee / Disc Golf**

Coca-Cola Fieldhouse - see Dry Floor schedule

 **Pickleball / Basketball / Badminton / Tennis / Volleyball**

Powerade Flexihall - see Dry Floor schedule

Any changes to our schedule are updated weekly online!
For the most up-to-date information view our online schedule

whitehorse.ca/cgcschedule 

Be Active for Life.

It's proven that people who are physically literate are more likely to be active for life.



Fall Schedule
September 9 to December 17

Christmas Schedule
December 18 to 31

Drop-in schedules can be picked up at the Canada Games Centre or viewed online:

whitehorse.ca/cgcschedule 

New Active Living Online Coming Soon!



Upgrading to Serve you Better

The City of Whitehorse is preparing to transition all recreation accounts and services to a new software system. Your assistance is required to ensure that contact information in our database is up to date. Contact CGC Reception to verify your account details and ensure a smooth transition.

668-8360
recreation@whitehorse.ca



Watch for further updates from Community & Recreation Services with the City of Whitehorse

PARKS & COMMUNITY DEVELOPMENT



Contact Us

Phone: **668-8325**
 Email: **parks@whitehorse.ca**

Address: **4061 – 4th Avenue**
 (Sport Yukon Building)

whitehorse.ca/parks



Hours of Operation

Monday – Friday
 8:30 am – 4:30 pm

Closed for Holidays

Sept. 4 - Labour Day
Oct. 9 - Thanksgiving Day
Nov. 13 - Remembrance Day
Dec. 25 - Christmas Day
Dec. 26 - Boxing Day
Jan. 1 - New Year's Day



Event
Grant



Parks



Playgrounds



Outdoor
Rinks



Trails



Cemeteries



Fitness
Stations

Parks and Community Development facilitates the Festival and Special Event Grant and manages public parks and open spaces, including Shipyards Park, Rotary Peace Park, neighbourhood playgrounds, outdoor fitness stations, outdoor rinks, Whitehorse's extensive trail network, and public cemeteries.

Outdoor Skating Rinks

In partnership with neighbourhood residents, Parks and Trails installs and maintains approximately 30 outdoor skating rinks throughout the City. Every fall, neighbourhood representatives submit applications to have the rink in their area activated for the upcoming winter. These representatives are always looking for volunteers to help clear the snow to make the rinks ready for flooding by our department. If you would like to contribute to active living in your neighbourhood, please contact Parks and Community Development and we can direct you to your neighbourhood representative.

whitehorse.ca/rinks

Festival and Special Event Grant

See page 64 for details.
whitehorse.ca/grants

Shipyards Park

100 - 1 Ogilvie Street

This premiere park for festivals and community events is located on the banks of the Yukon River.

Designed to be enjoyed year round, it is a large open space that lends itself to a multitude of activities. The Riverfront Trail passes through Shipyards Park at the north end of downtown and is also a stopping point for the Whitehorse Waterfront Trolley.

Amenities include the following:

- Outdoor Firepits
- Picnic Gazebo
- Toboggan Hill
- Skating Loop
- Parking Lot
- Picnic Tables
- Outdoor Amphitheatre
- Covered Stage

whitehorse.ca/shipyardspark 

Trails

The City of Whitehorse has an extensive trail network with an estimated 150 km of existing trails of City wide significance and at least 700 km of local and neighbourhood trails used by Whitehorse residents.

Including:

- Millennium Trail
- Trans Canada Trail
- Commuter Cycling Map
- 2 Mile Hill Bicycle Paths (north and south sides)
- Airport Perimeter Trail
- Black Street Stairs
- Cross Country Ski Trails (Mount McIntyre, Chadburn Lake)
- City Trails (> 100 km)
- Neighbourhood Trails (> 700 km)

whitehorse.ca/trails 

Walking With Dogs

Keeping our parks, trails and community clean is to the benefit of all citizens of Whitehorse year round. When walking with your furry friend please bring a doggie bag to pick up after your pet.

For more information please contact Bylaw Services 668-8317.

whitehorse.ca/animals 

Share-A-Bag Dispenser

Located in some neighbourhoods, share-a-bag dispensers encourage residents to place their used plastic bags in these dispensers so other dog owners can use them to pick up after their pets.

Frank Slim Building

Hours of Operation

Monday – Friday

11:00 am – 4:00 pm

Closed for Holidays

Oct. 9 - Thanksgiving Day

Nov. 13 - Remembrance Day

Dec. 26 - Boxing Day

Jan. 1 - New Year's Day

Located in Shipyards Park, this facility offers the following amenities:

- Indoor Fireplace
- Tables and Chairs
- Seasonal Food Concession
- Washrooms
- Can be Booked For Private Functions Outside Public Hours

Winter Trail Maintenance

The Riverfront Trail from Rotary Peace Park to Spook Creek Station as well as the Millennium Trail are maintained throughout the winter by Parks and Trails.

The City of Whitehorse will continue to partner with the Klondike Snowmobile Association to groom select trails in Whitehorse for the 2017 / 2018 season including the designated MMU (motorized multi-use) trails .