

PRESCHOOL PROGRAMS



PRESCHOOL



Develop Physical Literacy

It's important to build a foundation for physical literacy. The early years are the best time to start. Our programs include intentional activities that help promote physical literacy.

Become Socially Responsible

We believe that childhood experiences such as playing, singing, crafting and creating help develop a strong foundation for a child's future.

Develop Life Skills

Through play our preschool programs offer young children the opportunity to develop skills and learning that encourage self-esteem, independence, self-awareness and acceptance.

**Drop in and
be active
at the CGC.**



**Drop-in schedules can be picked up at the
Canada Games Centre or viewed online at
www.whitehorse.ca/cgcschedules**



Staff in the Spotlight

Johanna Ponsioen

My name is Jo! I have been lucky to work at the Canada Games Centre for over 10 years.

I absolutely LOVE working with children. I have made so many amazing connections with children and their families over the years through childminding and facilitating our parented preschool programs, Wiggle, Giggle, Move and Ready, Set, Fun!

I am currently studying Early Childhood Education at the college and feel so blessed to be able to connect my practical experience with the theories of early childhood development while working in Purple Stew! I am excited to come to work each day to help nurture the growth and development of each individual child through play and FUN!

I truly love being teacher Jo!

Ready, Set, Sun

Ages 2 – 4 years

Get sun-ready and meet our facilitator out front at the CGC for an action-packed outdoor class full of games, obstacles, and creative play. Class will be held indoors in inclement weather.

1:1 parent / guardian participation required.

Canada Games Centre – Flagpoles

W	Jul. 5 – Aug. 9	10:30 am – 11:15 am	6	\$50	69081
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Purple Stew

Make new friends and learn many new skills in this exciting and ever popular program.

We believe in the development of the whole child: intellectually, socially, physically and emotionally. Our instructors work with each individual child to assist them on their road to independence with an emphasis on learning through language development, free play, songs, crafts, stories and at least 20 minutes of indoor active play.

Ages 4 – 5 years

Canada Games Centre – Kids Club

M & W	Apr. 3 – Jun. 7*	9:00 am – 11:30 am	18	\$270	68962
T & Th	Apr. 4 – Jun. 8	12:30 pm – 2:45 pm	20	\$295	68963

**no class on April 17, May 22*

Ages 3 – 4 years

Canada Games Centre – Kids Club

M & W	Apr. 3 – Jun. 7*	12:30 pm – 2:45 pm	18	\$270	68965
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**no class on April 17, May 22*

Ages 3 years

Canada Games Centre – Kids Club

T & Th	Apr. 4 – Jun. 8	12:30 pm – 2:45 pm	20	\$295	68964
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Muckin' and Messin'

Ages 3 – 5 years

Get down and get dirty with Bev, Stella, Pam and Jo!

That's the theme for this exciting program as we finger paint, make things that gush and ooze, and play with many messy materials. Bring a snack and join in the ooey, gooey fun.

Canada Games Centre – Kids Club

F	Apr. 7 – Jun. 2*	9:30 am – 11:30 am	8	\$120	68970
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**no class on April 14*

Music Exploration

Ages 18 – 36 months

Everyone enjoys music exploration in their own special and unique way.

Our instructor is a Music Therapist who will help each participant explore music with sing-a-longs, chants and keeping the beat using a variety of musical instruments. This program involves both parent and child and is a great opportunity to further your bond through the exploration of music.

Canada Games Centre – Meeting Room 2

Th	Apr. 13 – Jun. 8	10:15 am – 11:15 am	8	\$80	68971
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*no class on May 25

Wiggle, Giggle and Move

Ages 18 months – 3 years

Wiggle, giggle and have some fun!!!

In this interactive class children explore a variety of experiences that promote physical activity, body awareness, balance, flexibility, creative play and exploration through fun activities, games and songs.

1:1 parent / guardian participation required.

Canada Games Centre – Coca-Cola® Fieldhouse

W	Apr. 12 – May 31	9:00 am – 10:00 am	8	\$80	68972
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Jedi Training

Ages 3 – 5 years

Do you have what it takes to join the Jedi Academy?

Come learn the ways of the force, design your very own light saber and begin your Padawan training. To prepare for your Jedi trials we will start with obstacle courses, scavenger hunts, and play some great games to master your Jedi mind tricks.

Canada Games Centre – Kids Club

Sa	Apr. 29	2:00 pm – 3:30 pm	1	\$20	68973
Su	Apr. 30	2:00 pm – 3:30 pm	1	\$20	68974

Jack and the Beanstalk

Ages 3 – 5 years

The Canada Games Centre is in search for all green thumbs!

Come join us as we climb through the story of Jack and the Beanstalk. Plant a magic bean and learn how to make it grow. Finish up with "Giant" theme games in the fieldhouse.

Canada Games Centre – Kids Club

Su	May 7	2:00 pm – 3:30 pm	1	\$20	68977
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Daddy and Me

Ages 1 – 5 years

Mother's Day is just around the corner.

Bring your little ones up to the Family Literacy Centre to create an amazing keepsake for mom.

1:1 parent / guardian participation required.

Canada Games Centre – Family Literacy Centre

Sa	May 13	11:00 am – 12:00 pm	1	\$10	68979
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Mommy and Me

Ages 1 – 5 years

Father's Day is just around the corner.

Bring your little ones up to the Family Literacy Centre to create an amazing keepsake for dad.

1:1 parent / guardian participation required.

Canada Games Centre – Family Literacy Centre

Sa	Jun. 17	11:00 am – 12:00 pm	1	\$10	69047
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Check out the camp brochure for details!



KIDS TRIATHLON

Kids aged 5 – 14 are invited to participate in this exhilarating individual challenge.

Swim, Run and Bike your way through this non competitive event. Experience the thrill of it all while keeping it fun.

All skill levels welcome.

Participants receive a medal, T-shirt and snack.

Canada Games Centre

Ages 5 + years	Su	Jun. 11	9:30 am – 1:00 pm	1	\$25	68966
Ages 6 – 7 years	Su	Jun. 11	9:30 am – 1:00 pm	1	\$25	68967
Ages 8 – 10 years	Su	Jun. 11	9:30 am – 1:00 pm	1	\$25	68968
Ages 11 – 14 years	Su	Jun. 11	9:30 am – 1:00 pm	1	\$25	68969

Please ensure you have read the race package with your child. Registration is NOT confirmed until the event waiver has been dated, signed and submitted via online form, email, fax or in person. There are no refunds on registration.

Kids Tri Pre-Race Training Day

Gear up and get ready for race day!

Test the waters in the pool for a streamline start to your race. Then run through the trails before heading to the bike racks and learning how to make a smooth transition for the home stretch.

Bring goggles, bike helmet and runners.

Canada Games Centre – Boardroom

Ages 5 year with parent / guardian**	Su	May 28	3:45 pm – 4:45 pm	1	\$10	68958
Ages 6 – 7 years with parent / guardian	Su	May 28	5:00 pm – 6:00 pm	1	\$10	68959

** Parent / guardian please plan to be in the pool with your 5 year old.

Canada Games Centre – Pool Party Room

Ages 8 to 10 years <i>(parent / guardian participation is recommended)</i>	Su	May 28	4:30 pm – 5:30 pm	1	\$10	68960
Ages 11 to 14 years <i>(parent / guardian participation is optional)</i>	Su	May 28	5:30 pm – 6:30 pm	1	\$10	68961



Family Literacy Centre

Free Drop-in! Parent/Guardian participation required.



Canada Games Centre Location

Open daily

10:00 am – 3:00 pm

Closed for lunch

12:00 pm – 12:30 pm

Closed for holidays

Apr. 14 – 17 - Easter

May 20 – 22 - Victoria Day

Canada Games Centre location closes for the summer May 26. Watch for summer programming at our Shipyards Park location.



Check us out on Facebook

Yukon Family Literacy Centre

Pioneer Hotel Summer Party

June 1

3:00 pm – 6:00 pm

Shipyards Park

Find out about our summer programming!

Programs Run April 3 – May 26

Canada Games Centre

Morning Programs

Monday

10:30 am – 11:30 am

Creative Story Time

All Ages

An interactive story time, using puppets, songs, crafts or other activities that enhance a child's experience.

Tuesday

10:30 am – 11:30 am

Little Chef's

Ages 2+ years

Enjoy a blend of story, food, cooking activities and crafts.

Wednesday

10:30 am – 11:30 am

Power of Painting

Ages 2+ years

Explore your artistic abilities through color theory and tactility!

Thursday

Closed

CLOSED

Contact us to reserve for your group!

Friday

10:30 am – 11:30 am

Little Inventors

Ages 18+ months

Allow your child's imagination to run wild through inventive thinking and hands on learning!

Saturday

10:00 am – 2:00 pm

Family Free Play Drop-in

All ages

Including story times, free play and fun child-parent interactive activities.

Afternoon Programs

Monday – Friday

12:30 pm – 3:00 pm

Family Free Play Drop-in

All ages

Opportunities for free play: Puppet shows, dress up and role- playing, building things, artwork, and more.

Shipyards Park - Pioneer Hotel

Tuesday

1:30 pm – 2:30 pm

3:15 pm – 4:15 pm

Just Craftin' Around

Suggested age is 18+ months but everyone is welcome!

Join us for an afternoon of arts and crafts as an outlet to be creative and have some fun!